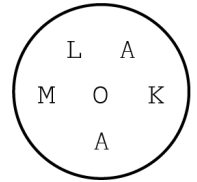


LA MOKA



BREAKFAST MENU

BREAKFAST

EGGS ON TOAST	13.9
Two SA free range eggs, served on buttered sourdough	
ITALIAN BAKED EGGS (GF)	16
Two SA free range eggs baked in Napoletana sauce with Italian sausage	
AVOCADO ON TOAST	13.9
smashed avocado, fetta, cherry tomatoes, mixed leaves, toasted sourdough	
AVO ON TOAST+POACHED EGGS	18.9
HOUSE MADE GRANOLA	12.9
house made granola, vanilla yoghurt, seasonal fresh fruit	
TOAST OR FRUIT TOAST	7.5
<i>choice of:</i> butter, jam, peanut butter, vegemite, nutella	

GOURMET TOASTIES

"LOVE ME MUSHROOM"	12
sautéed mixed mushrooms, double cheese, garlic, parsley *vegan option available \$12.50	
PROSCIUTTO PARMA TOASTIE	12
seeded mustard, Italian parma prosciutto, cheese, roasted capsicum,	
HAM AND CHEESE TOASTIE	9
Italian ham and cheese	

SNACKS & PASTRIES

HOUSE MADE CAKE OF THE WEEK	6.5
*ask staff for today's cake	
PASTRIES	6.9
<i>choice of:</i> almond croissant, custard croissant, sultana scroll, danish	
BANANA BREAD/CARROT CAKE	5.0
fresh or toasted with butter	
ZEPPOLE	5.5
Italian doughnut	
ALMOND FLAKE	3.5
gluten free	
NUTELLA BISCOTTI	4
nutella and almonds	
MUFFINS	5.7
<i>choice of:</i> chocolate, blueberry, apple & cinnamon	
LEMON & POPPYSEED FRIAND	5.9
gluten free	
DATE, NUTS & SEED SQUARE	5.9
gluten free	
APRICOT, GOJI & ALMOND BAR	5.9
gluten free	
CHOCOLATE & MACADAMIA BROWNIE	5.9
gluten free	

BREAKFAST SPECIAL

QUICK BREKKY & SMALL COFFEE/TEA

\$12.9

Choice of: Egg & Prosciutto Roll, Ham & Cheese Croissant or Cheese & Tomato Croissant

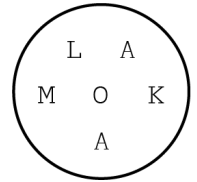
excludes: alternative milk and extras

EXTRAS: smoked salmon \$4, prosciutto \$4, sauteed mushrooms \$3, avocado \$4, GF bread \$2

Please inform us of any food allergies or special dietary requirements!

LA MOKA

LUNCH MENU



MAIN COURSES

LASAGNA BOLOGNESE 18

Traditional beef ragú, light béchamel & napoletana sauce, parmesan

LASAGNA VEGETARIAN 18

seasonal mixed vegetables, tomato and béchamel sauce, mozzarella

MEATBALLS & SAUCE (GF) 16

pork, veal and Italian spicy sausage meatballs in napoletana sauce, served with bread* and parmesan
*gluten free bread available \$2

MINISTRONE SOUP (V, GF) 16

Celery, potatoes, carrots, onions, zucchini and green beans in a vegetable tomato stock, served with bread and parmesan (optional)

LA MOKA CAPRESE SALAD

tomatoes, fresh bocconcini and basil on a bed of toasted ciabatta bread, drizzled with SA premium extra virgin olive oil

optional:

\$2 Italian Parma prosciutto entrée,

\$4 Italian Parma prosciutto main

ENTRÉE 11

MAIN 16

BUFFALO MOZZARELLA SALAD 20

Buffalo mozzarella with Prosciutto di Parma, cherry tomatoes and fresh salad

QUICK BITES

CHICKEN WRAP 13.5

spinach, cheese, chicken, avocado, aioli

FOCACCIA PROSCIUTTO 13.5

rocket, Italian Parma prosciutto, tomatoes, fresh bocconcini

PANINO WITH MEATBALLS

Italian meatballs, rocket, parmesan, bocconcini, sourdough 14

LUNCH SPECIAL

MAIN COURSE + WINE/PINT

\$ 26

EXTRAS: tomato \$1, cheese \$1, smoked salmon \$5, prosciutto \$5, avocado \$4, GF bread \$2

*ask for our wine special

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